



# DR. JEFFREY L. REYNOLDS

NONPROFIT CEO | KEYNOTE SPEAKER | AUTHOR



@DRJEFFREYREYNOLDS

Dr. Jeffrey L Reynolds stands at the intersection of executive leadership, social entrepreneurship and personal resilience. He's the President/CEO of one of Long Island's largest nonprofit organizations, an Ironman triathlete, two-time cancer survivor and bestselling author of *"Every Mile Matters: Turning Triathlon Training Into Cancer Triumph."* His message: today's experiences prepare us for challenges we can't yet imagine. Those tests become a testament to what's possible & the catalyst for becoming who we were meant to be.

## Popular Topics

- Grit Over Gifts: Why Consistency Always Wins
- When Things Don't Go Your Way, Find A Better Way
- Chaos to Clarity: A Roadmap for Organizational Transformation
- Deliberate Discomfort: The Ultimate Preparation Tool

## Testimonials



★★★★★

"He left the room transformed. His story planted seeds of courage and hope, and reminded each of us that anything is possible when you believe."

— KIM COTTAGE, UNCONFERENCE 2025



★★★★★

"His message resonates because it's both human and practical - offering clear, actionable takeaways that anyone can implement."

— MIMI BISHOP & JACKIE GHEDINE, REIMAGINE 2025

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Electrify your event with a story of preparation, focus, resilience, triumph, commitment & gratitude

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